

# Breathing Room

Paula R. Hilton



EAT Poems #26

# TRACKS

VILLANELLE OF FAREWELL 01:22

MISHAP IN ST. MARY'S PARKING LOT AFTER 72 HOURS OF MARRIAGE CLASSES  
01:04

MY FATHER FORGETS HIS TEETH 01:09

WHAT WE NEED 00:47

PITTSBURGH STEEL 00:51

BREATHING ROOM 00:48

A MOTHER'S AFTERNOON PRAYER 00:39

BETTER 00:52

CINQUAIN FOR C. J. 00:15

LILY ANN ROSE 01:13

SPINNERS' SONNET 00:59

TRIOLET FOR LYNN 00:42

NEWBORNS AT THE BUS STOP IN AUGUST 01:43

MUSING 00:23

About the author:

Paula R. Hilton explores the immediacy of memory and how our most important relationships define us. She earned her bachelor's degree in English from the University of Pittsburgh and an MFA from the University of New Orleans.

Her work has been nominated for Best Small Fictions and has appeared in *The Sunlight Press*, *Feminine Collective*, *Writing In A Woman's Voice*, *Dear Damsels*, *A. C. PAPA*, *Smoky Blue Literary and Arts Magazine*, *Ellipsis*, *Kalliope* and *The Tulane Review*.

Hilton's debut novel, *Little Miss Chaos*, was selected as a 2016 Best Indie Teen Read by *Kirkus*. She worked with editor, Lynn Skapyak Harlin and publisher, Richie Levine on her first poetry collection, *At Any Given Second*. *Kirkus* chose *At Any Given Second* as one of its Best Books of 2021.

She lives in Fleming Island, Florida with her husband, son, daughter and two incredibly spoiled dogs, Wicket and Winston.

Credits:

All poems by Paula R. Hilton, read by the author.

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